



AMERICAN NUTRITION ASSOCIATION
Board for Certification of
Nutrition Specialists™

CNS®: The Advanced Nutrition Credential

Certified Nutrition Specialist®

Find a Practitioner

Visit us online if you are interested in learning more about the CNS® or the American Nutrition Association®.

CNS® professionals are:

Advanced nutritionists and licensed health care providers with specialized training in nutrition including:

- Masters or Doctoral degrees in nutrition
- MD, DO, DC, DDS, DNP, ND, PharmD, RD, and others



CNS® professionals bring outstanding value to their clients, clinics, institutions, corporations and government agencies.



PROVEN EXPERTISE - Advanced knowledge and skill in personalized nutrition science and practice.



PRACTICE PRIVILEGES - Licensed to practice nutrition in many states. Participate in major insurance networks.



IN DEMAND - Highly sought-after for jobs in health care, academia, industry and government.



NATIONAL SUPPORT - The CNS® is administered by BCNSSM, the certifying body of the American Nutrition Association®.

What is a CNS® nutritionist?

“Nutritionist” is a broad term that includes individuals with various training and credentials. The CNS is an accredited certification that distinguishes advanced nutrition professionals, enabling them to practice medical nutrition therapy and other aspects of nutrition care in many states.



The CNS® program is quality-assured by third-party NCCA accreditation.

CNS®s practice personalized nutrition.

Personalized nutrition (PN) considers the unique makeup of individuals and groups of people with similar traits creating a person-centered approach to nutrition science, education, and clinical care.

What are differences between CNS® nutritionists and RDs?

	CNS®	RD
Education	Minimum of MS or Doctorate in clinical nutrition or a related healthcare field	Minimum of BS in dietetics or nutrition
Training	Diverse experience & training in: Personalized Nutrition Science, Assessment, Intervention, & Monitoring; Public Health; Practice Management	Experience & training in: Dietetics; Food Service Management; Nutrition Care for Individuals & Groups
Clinical Setting	Most in private or group practice	Most in hospital or institutional settings
Career Paths	Personalized Nutrition Science Research; Culinary Nutrition; Academia; Media; Public Health; Other Healthcare Fields	Community Education; Research; Food Service & Systems